



## British Canoe Union – Medal Winners – 2009

During 2009 Great Britain's athletes gained 178 (130) medals at Major World and European International Competitions comprising of:

**65 (53) Gold Medals**  
**53 (36) Silver Medals**  
**60 (41) Bronze Medals**

### Medal Delivery at World and European Championships

World Championship Medals – 2009				European Championship Medals – 2009				Actual Medal Delivery – 2009	
Total	Senior	U 23	Junior	Total	Senior	U 23	Junior	Total	40 (36)
22 (11)	14 (8)	2	6 (3)	18 (25)	13 (13)	1 (1)	4 (11)	Senior	27 (21)
								U 23	3 (1)
								Junior	10 (14)

### Major Championship Winners

#### World Champions

Laura Blakeman, Louise Donington, Lizzie Neave	Canoe Slalom	Women's Team
David Bainbridge	Freestyle	Men's C1
Claire O'Hara	Freestyle	Women's K1 Squirt
James Reeves	Freestyle	Men's K1 Squirt
Adam Harvey (Jersey)	Surf	Junior HP
Naomi James (Wales)	Surf	Women HP
Corin King (Northern Ireland)	Surf	Junior IC
David Speller (Jersey)	Surf	Men HP
England	Surf	Team Event
Jen Chrimes, Sarah Cloke, Deb Cook, Rosie Cripps, Naomi James, Brony Devoy, Georgina Preston	White Water Rafting	Women's – R6 H2H
Pas Blackwell, Matt Blue, James Glover, Lawrence Harris	White Water Rafting	Men's – R6 H2H
Lawrence Harris, Adam Norfolk, Zach Pillinger, James Stapleton		

#### World Games Champions

Zoe Anthony, Pru Blythe, Ellie Bridgestock, Ginny Coyles, Pip Grayson, Kathryn Grieves, Kirsty Sutcliffe	Canoe Polo	Women's Team
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#### European Champions

Laura Blakeman, Louise Donington, Lizzie Neave	Canoe Slalom	Women's Team
Richard Hounslow, Huw Swetnam, Campbell Walsh	Canoe Slalom	Men's Team
Zoe Anthony, Pru Blythe, Ellie Bridgestock, Ginny Coyles, Pip Grayson, Kathryn Grieves, Sarah Kirwin, Claire Mitchell	Canoe Polo	Women's Team
Hannah Brown, Sandra Hyslop, Jessica Oughton	Wild Water Racing	Women's K1 Team – Sprint

#### World Cup Series Champions

Jessica Oughton	Wild Water Racing	Women's K1
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#### Youth Olympic Champions

Ed Rutherford	Sprint Racing	Men's K1 – 500m
Matthew Lister, Rhys Davies	Canoe Slalom	Men's C2

## Sprint Racing

### **Sprint Racing – European Championships – Brandenburg, Germany – 25<sup>th</sup>-28<sup>th</sup> June 2009**

Bronze Medal	Rachel Cawthorn	Women's K1 – 500m
Bronze Medal	Rachel Cawthorn, Hayleigh Mason, Louisa Sawers, Jessica Walker	Women's K4 – 200m

### **Sprint Racing – World Cup 2 – Poznan, Poland – 22<sup>nd</sup>-24<sup>th</sup> May 2009**

Gold Medal	Rachel Cawthorn	Women's K1 – 1,000m
Gold Medal	Lani Belcher	Women's K1 – 5km
Silver Medal	Rachel Cawthorn	Women's K1 – 500m
Silver Medal	Louisa Sawers	Women's K1 – 5km
Bronze Medal	Lani Belcher, Lucy Wainwright	Women's K2 – 500m

### **Sprint Racing – Australian Olympic Youth Festival – Sydney, Australia – 15<sup>th</sup>-18<sup>th</sup> January 2009**

Gold Medal	Edward Rutherford	Men's K1 – 500m
Silver Medal	Abigail Edmonds, Jessica Walker	Women's K2 – 500m
Bronze Medal	Edward Rutherford	Men's K1 – 1,000m
Bronze Medal	Jessica Walker	Women's K1 – 500m

### **Sprint Racing – Exhibition Events, World Championships – Dartmouth, Canada – 12<sup>th</sup>-16<sup>th</sup> August 2009**

Silver Medal	Samantha Rippington, Lisa Suttle	Women's C2 – 500m
Bronze Medal	Samantha Rippington, Lisa Suttle	Women's C2 – 200m

### **Sprint Racing – Olympic Hopes – Racice, Czech Republic – 12<sup>th</sup>-13<sup>th</sup> September 2009**

Bronze Medal	Iain Weir	Men's C1 (92) – 1,000m
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### **Sprint Racing – World Masters Games – Sydney, Australia – 10<sup>th</sup>-18<sup>th</sup> October 2009**

Gold Medal	Lynda Oughton	Women's K1 50/54 – 1,000m
Gold Medal	Lynda Oughton	Women's K1 50/54 – 500m
Gold Medal	Lynda Oughton	Women's K1 50/54 – 200m
Gold Medal	Duncan Oughton, Lynda Oughton	Mixed K2 45/49 – 1,000m

### **Sprint Racing – Junior International – Bochum, Germany – 19<sup>th</sup>-21<sup>st</sup> June 2009**

Gold Medal	Dean Terry	Men's K1 – 1,000m
Gold Medal	Dean Terry	Men's K1 – 500m
Gold Medal	Tom Simmons, Matthew Welch	Men's K2 – 1,000m
Gold Medal	Emily Lewis, Katherine Trotter	Women's K2 – 1,000m
Gold Medal	Emily Lewis, Katherine Trotter	Women's K2 – 500m – Intl
Gold Medal	Emily Lewis	Women's K1 – 500m – Intl
Gold Medal	Christopher Calvert, Matthew Train, Iain Weir, Matt Weir	Men's C4 – 1,000m
Gold Medal	Christopher Calvert, Matthew Train, Iain Weir, Matt Weir	Men's C4 – 500m
Gold Medal	Phoebe Ayres, Jessica Collins, Maria Middlehurst, Katherine Trotter	Women's K4 – 500m
Gold Medal	Katherine Trotter	Women's K1 – 1,000m – Intl
Silver Medal	Jenny Illidge, Jenny Swallow	Women's K2 – 1,000m – L'kamp/Intl
Silver Medal	Jenny Illidge, Jenny Swallow	Women's K2 – 500m – L'kamp
Bronze Medal	Mark Childerstone, Oliver Gibson, Tom Simmons, Matthew Welch	Men's K4 – 1,000m
Bronze Medal	Phoebe Ayres, Jessica Collins	Women's K2 – 500m
Bronze Medal	Matthew Train, Iain Weir	Men's C2 – 500m
Bronze Medal	Peter Wilkes	Men's K1 – 1,000m – Intl

Bronze Medal Peter Wilkes Men's K1 – 500m – Intl

### Canoe Slalom

#### Canoe Slalom – World Championships – Seu D'Urgell, Spain – 10<sup>th</sup>-13<sup>th</sup> September 2009

Gold Medal Laura Blakeman, Louise Donington, Lizzie Neave Women's K1 Team  
Silver Medal Richard Hounslow, Huw Swetnam, Campbell Walsh Men's K1 Team  
Bronze Medal Lizzie Neave Women's K1  
Bronze Medal Tim Baillie & Etienne Stott, David Florence & Richard Hounslow, Dan Goddard & Colin Radmore Men's C2 Team

#### Canoe Slalom – European Championships – Nottingham, Great Britain – 28<sup>th</sup>-31<sup>th</sup> May 2009

Gold Medal Laura Blakeman, Louise Donington, Lizzie Neave Women's K1 Team  
Gold Medal Richard Hounslow, Huw Swetnam, Campbell Walsh Men's K1 Team  
Silver Medal Tim Baillie & Etienne Stott, David Florence & Richard Hounslow, Dan Goddard & Colin Radmore Men's C2 Team  
Bronze Medal Tim Baillie & Etienne Stott Men's C2

#### Canoe Slalom – Under 23 & Junior European Championships – Liptovsky Mikulas, Slovakia – 24<sup>th</sup>-26<sup>th</sup> July 2009

Silver Medal Thomas Brady, Joseph Clarke, Joseph Coombs Men's Junior K1 Team  
Silver Medal Claire Kimberley, Bethan Latham, Natalie Wilson Women's Junior K1 Team  
Bronze Medal Rhys Davies, Matthew Lister Men's Junior C2

#### Canoe Slalom – World Cup 2 – Bratislava, Slovakia – 4<sup>th</sup>-5<sup>th</sup> July 2009

Gold Medal Campbell Walsh Men's K1

#### Canoe Slalom – World Cup 1 – Pau, France – 27<sup>th</sup>-28<sup>th</sup> June 2009

Bronze Medal David Florence Men's C1  
Bronze Medal David Florence & Richard Hounslow, Men's C2

#### Canoe Slalom – Australian Olympic Youth Festival – Sydney, Australia – 15<sup>th</sup>-18<sup>th</sup> January 2009

Gold Medal Rhys Davies, Matthew Lister Men's C2

#### Canoe Slalom – Exhibition Events, World Championships – Seu D'Urgell, Spain – 10<sup>th</sup>-13<sup>th</sup> September 2009

Bronze Medal Mallory Franklin, Fiona Pennie, Alice Spencer Women's C1 Team

#### Canoe Slalom – British Open – ICF World Ranking Event – Llangollen, Great Britain – 24<sup>th</sup>-25<sup>th</sup> October 2009

Gold Medal David Florence Men's C1  
Gold Medal Bethan Lantham Women's K1  
Gold Medal Fiona Pennie Women's C1  
Gold Medal Huw Swetnam Men's K1  
Gold Medal Tim Baillie, Etienne Stott Men's C2  
Silver Medal Mark Proctor Men's C1  
Silver Medal Campbell Walsh Men's K1  
Silver Medal Natalie Wilson Women's K1  
Silver Medal Rhys Davies, Matthew Lister Men's C2  
Bronze Medal Richard Hounslow Men's K1  
Bronze Medal Lizzie Neave Women's K1  
Bronze Medal Greg Pitt Men's C1  
Bronze Medal Dan Goddard, Colin Radmore Men's C2

#### Canoe Slalom – Dutch Open – ICF World Ranking Event – Zoetermeer, Netherlands – 17<sup>th</sup>-18<sup>th</sup> October 2009

Silver Medal Mallory Franklin Women's C1

#### Canoe Slalom – Slovak Open – ICF World Ranking Event – Bratislava, Slovakia – 15<sup>th</sup>-16<sup>th</sup> August 2009

Bronze Medal Campbell Walsh Men's K1

#### Canoe Slalom – German Open – ICF World Ranking Event – Markkleeberg, Germany – 7<sup>th</sup>-8<sup>th</sup> August 2009

Bronze Medal Jacqueline Shaw Women's C1

**Canoe Slalom – Oceania Championships – ICF World Ranking Event – Mangahoe, New Zealand – 31<sup>st</sup> January-1<sup>st</sup> February 2009**

Gold Medal David Florence Men's C1

**Canoe Slalom – Australian Open – ICF World Ranking Event – Penrith, Australia – 21<sup>st</sup>-22<sup>nd</sup> February 2009**

Silver Medal David Florence Men's C1

**Canoe Slalom – World Masters Games – Sydney, Australia – 10<sup>th</sup>-18<sup>th</sup> October 2009**

Gold Medal Stuart Pitt Men's C1 40+

Gold Medal Stuart Pitt, Steven Turnbull Men's C2 35+

Silver Medal Duncan Oughton Men's C1 45+

**Canoe Slalom – Danubia Cup – Bratislava, Slovakia – 28<sup>th</sup>-30<sup>th</sup> August 2009**

Gold Medal Claire Kimberley Women's K1

**Canoe Polo**

**Canoe Polo – World Games – Kaohsiung, Chinese Taipei – 17<sup>th</sup>-18<sup>th</sup> July 2009**

Gold Medal Zoe Anthony, Pru Blythe, Ellie Bridgestock, Women's Team  
Ginny Coyles, Pip Grayson, Kathryn Grieves,  
Kirsty Sutcliffe

**Canoe Polo – European Championships – Essen, Germany – 19<sup>th</sup>-23<sup>rd</sup> August 2009**

Gold Medal Zoe Anthony, Pru Blythe, Ellie Bridgestock, Women's Team  
Ginny Coyles, Pip Grayson, Kathryn Grieves,  
Sarah Kirwin, Claire Mitchell

Silver Medal Beth Barratt, Sam Barry, Grace Galvin, Women's Under 21 Team  
Charlotte Lister, Emily Martin, Aimee Robson,  
Liz Ponting, Emma Whitwham

Bronze Medal Nick Archer, Tom Baston, James Bowers, Men's Team  
Danny Bowles, Ed Feltham, George Murfin,  
Alan Vessey, Martyn Williamson

**Canoe Polo – ECA Canoe Polo Cup – 2009 Final Rankings**

Gold Medal Zoe Anthony, Pru Blythe, Ellie Bridgestock, Women's Team  
Ginny Coyles, Pip Grayson, Kathryn Grieves,  
Sarah Kirwin, Claire Mitchell

Gold Medal Beth Barratt, Sam Barry, Grace Galvin, Women's Under 21 Team  
Charlotte Lister, Emily Martin, Aimee Robson,  
Liz Ponting, Emma Whitwham

Silver Medal William Borrett, Scott Fancourt, Greg Hockey, Men's Under 21 Team  
James Longley, Gallin Montgomery, Daniel Robson,  
Jack Robson, Oliver Thomson

**Canoe Polo – ECA Cup 2 – Flanders Cup – Mechlen, Belgium – 27<sup>th</sup>-28<sup>th</sup> June 2009**

Gold Medal Beth Barratt, Sam Barry, Grace Galvin, Women's Under 21 Team  
Charlotte Lister, Emily Martin, Aimee Robson,  
Liz Ponting, Emma Whitwham

Silver Medal Zoe Anthony, Pru Blythe, Ellie Bridgestock, Women's Team  
Ginny Coyles, Pip Grayson, Kathryn Grieves,  
Sarah Kirwin, Claire Mitchell

Bronze Medal William Borrett, Scott Fancourt, Greg Hockey, Men's Under 21 Team  
James Longley, Gallin Montgomery, Daniel Robson,  
Jack Robson, Oliver Thomson

**Canoe Polo – ECA Cup 1 – Deutschland Cup – Essen, Germany – 29<sup>th</sup> May-1<sup>st</sup> June 2009**

Gold Medal Zoe Anthony, Pru Blythe, Ellie Bridgestock, Women's Team  
Ginny Coyles, Pip Grayson, Kathryn Grieves,  
Sarah Kirwin, Claire Mitchell

Bronze Medal William Borrett, Scott Fancourt, Greg Hockey, Men's Under 21 Team  
James Longley, Gallin Montgomery, Daniel Robson,  
Jack Robson, Oliver Thomson

Bronze Medal	Beth Barratt, Sam Barry, Grace Galvin, Charlotte Lister, Emily Martin, Aimee Robson, Liz Ponting, Emma Whitwham	Women's Under 21 Team
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**Canoe Polo – European Club Championships – St Omer, France – 19<sup>th</sup>-20<sup>th</sup> September 2009**

Gold Medal	FOA Xclusive	Women's Team
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**Canoe Polo – World Masters Games – Sydney, Australia – 10<sup>th</sup>-18<sup>th</sup> October 2009**

Gold Medal	Team GBR 45+	Men's Team 45+
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	Curly Barker, Dave Brown, Dave Packham, Greg Smale, Martin van Arkens	
Bronze Medal	Mutineers	Women's Team 30+
	Ginny Coyles, Caroline Cranston, Jo Kirkbride, Lynn Knowles, Annie Noble	

**Canoe Polo – Hexagonal International – Milan, Italy – 4<sup>th</sup>-5<sup>th</sup> July 2009**

Bronze Medal	Nick Archer, Tom Baston, James Bowers, Danny Bowles, Ed Feltham, George Murfin, Alan Vessey, Martyn Williamson	Men's Team
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**Wild Water Racing**

**Wild Water Racing – European Championships – Valtellia, Italy – 21<sup>st</sup>-27<sup>th</sup> June 2009**

Gold Medal	Hannah Brown, Sandra Hyslop, Jessica Oughton	Women's K1 Team – Sprint
Silver Medal	Sandra Hyslop	Women's K1 – Sprint
Bronze Medal	Jessica Oughton	Women's K1 – Sprint
Bronze Medal	Colin Cartwright & Dave Bradburn, Jamie Christie & Simon Wright, Simon Goulding & Matthew Harrison	Men's C2 Team – Classic
Bronze Medal	Colin Cartwright & Dave Bradburn, Jamie Christie & Simon Wright, Simon Goulding & Matthew Harrison	Men's C2 Team – Sprint

**Wild Water Racing – World Cup Series – 2009 Final Ranking**

Gold Medal	Jessica Oughton	Women's K1
Bronze Medal	Hannah Brown	Women's K1
Bronze Medal	Jon Schofield	Men's K1
Bronze Medal	Jamie Christie, Simon Wright	Men's C2

**Wild Water Racing – World Cup 6 – Cataract Gorge, Tasmania, Australia – 7<sup>th</sup> November 2009**

Gold Medal	Hannah Brown	Women's K1 – Sprint
Silver Medal	Jessica Oughton	Women's K1 – Sprint
Silver Medal	Jon Schofield	Men's K1 – Sprint
Silver Medal	Jamie Christie, Simon Wright	Men's C2 – Sprint

**Wild Water Racing – World Cup 5 – Meander, Tasmania, Australia – 2<sup>nd</sup> November 2009**

Gold Medal	Jessica Oughton	Women's K1 – Classic
Silver Medal	Jamie Christie, Simon Wright	Men's C2 – Classic

**Wild Water Racing – World Cup 4 – Brady's, Tasmania, Australia – 31<sup>st</sup> October 2009**

Silver Medal	Radka Felingerova	Women's K1 – Sprint
Silver Medal	Jon Schofield	Men's K1 – Sprint
Bronze Medal	Hannah Brown	Women's K1 – Sprint
Bronze Medal	Jamie Christie, Simon Wright	Men's C2 – Sprint

**Wild Water Racing – World Cup 3 – Upper Mersey, Tasmania, Australia – 28<sup>th</sup> October 2009**

Gold Medal	Jessica Oughton	Women's K1 – Classic
Bronze Medal	Jamie Christie, Simon Wright	Men's C2 – Classic

**Wild Water Racing – World Cup 2 – Upper Mersey, Tasmania, Australia – 25<sup>th</sup> October 2009**

Gold Medal	Jessica Oughton	Women's K1 – Classic
Bronze Medal	Hannah Brown	Women's K1 – Classic
Bronze Medal	Jamie Christie, Simon Wright	Men's C2 – Classic

**Wild Water Racing – World Cup 1 – Upper Mersey, Tasmania, Australia – 24<sup>th</sup> October 2009**

Gold Medal	Jessica Oughton	Women's K1 – Sprint
Silver Medal	Hannah Brown	Women's K1 – Sprint

Bronze Medal	Jon Schofield	Men's K1 – Sprint
Bronze Medal	Jamie Christie, Simon Wright	Men's C2 – Sprint
<b>Wild Water Racing – Pre-World Championships – Sort, Spain – 14<sup>th</sup> -19<sup>th</sup> April 2009</b>		
Gold Medal	Jessica Oughton	Women's K1 – Sprint
Silver Medal	Hannah Brown, Radka Felingerove, Jessica Oughton	Women's K1 Team – Sprint

**Wild Water Racing – World Masters – Upper Mersey, Tasmania, Australia – 24<sup>th</sup>-25<sup>th</sup> October 2009**

Gold Medal	Jamie Christie, Simon Wright	Men's C2 – Classic
Gold Medal	Jamie Christie, Simon Wright	Men's C2 – Sprint
Silver Medal	Gary Baker, Dave Bradburn	Men's C2 – Classic
Silver Medal	Gary Baker, Dave Bradburn	Men's C2 – Sprint

**Marathon Racing**

**Marathon Racing – World Championships – Crestuma, Vila Nova de Gaia, Portugal – 16<sup>th</sup>-20<sup>th</sup> September 2009**

Silver Medal	Ben Brown	Men's K1
Silver Medal	Louisa Sawers	Women's Under 23 K1
Bronze Medal	Lani Belcher	Women's K1
Bronze Medal	Thomas Daniels	Men's Under 23 K1
Bronze Medal	Dean Terry	Men's Junior K1

**Marathon Racing – European Championships – Ostroda, Poland – 23<sup>rd</sup>-26<sup>th</sup> July 2009**

Bronze Medal	Jonny Tye, James Webster	Men's Junior K2
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**Marathon Racing – ICF World Ranking – 2009 Final Rankings**

Bronze Medal	Ben Brown	Men's K1
Bronze Medal	GB Canoeing	Men's Kayak Team

**Marathon Racing – World Cup Masters – Crestuma, Vila Nova de Gaia, Portugal – 16<sup>th</sup>-20<sup>th</sup> September 2009**

Gold Medal	Melvin Swallow	Men's K1 55/59
Gold Medal	John Talbot	Men's K1 70+
Silver Medal	Fiona Grady, Ali Pendle	Women's K2 35/39
Silver Medal	Brian Greenham	Men's K1 55/59
Silver Medal	Sue Hawthorn, Jayne Moran	Women's K2 45/49
Silver Medal	Brian Greenham, Tim Cornish (RSA)	Men's K2 55/59
Silver Medal	Jim Parker, Chris Skellern	Men's K2 60/64

**Marathon Racing – World Masters Games – Sydney, Australia – 10<sup>th</sup>-18<sup>th</sup> October 2009**

Gold Medal	Lynda Oughton	Women's K1 50/54
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**Freestyle**

**Freestyle – World Championships – Thun, Switzerland – 30<sup>th</sup> August-6<sup>th</sup> September 2009**

Gold Medal	David Bainbridge	Men's C1
Gold Medal	Claire O'Hara	Women's K1 Squirt
Gold Medal	James Reeves	Men's K1 Squirt
Silver Medal	Emma Runciman	Women's K1 Squirt

**Freestyle – Euro Cup 3 – Leinz, Austria – 26<sup>th</sup>-27<sup>th</sup> June 2009**

Gold Medal	James Bebbington	Men's K1
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**Freestyle – Euro Cup 2 – Bratislava, Slovakia – 19<sup>th</sup>-21<sup>st</sup> June 2009**

Silver Medal	James Bebbington	Men's K1
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**Freestyle – Euro Cup 1 – Platting, Germany – 12<sup>th</sup>-14<sup>th</sup> June 2009**

Silver Medal	James Bebbington	Men's K1
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**Canoe Sailing**

**Canoe Sailing – Europa Cup – Karlstad, Sweden – 7<sup>th</sup>-9<sup>th</sup> August 2009**

Gold Medal	Mark Goodchild	IC Class
Silver Medal	Simon Allen	IC Class

## Surf

### **Surf – World Championships – Santa Cruz, Portugal – 23<sup>rd</sup> July-2<sup>nd</sup> August 2009**

Gold Medal	Adam Harvey (Jersey)	Junior HP
Gold Medal	Naomi James (Wales)	Women HP
Gold Medal	Corin King (Northern Ireland)	Junior IC
Gold Medal	David Speller (Jersey)	Men HP
Gold Medal	England	Team Event
Silver Medal	Gary Adcock (England)	Master HP
Silver Medal	Gary Adcock (England)	Master IC
Silver Medal	John Inglis (Scotland)	Grand Master IC
Silver Medal	Corin King (Northern Ireland)	Junior HP
Silver Medal	Andy McClelland (Northern Ireland)	Junior IC
Silver Medal	Alisa McDougall (Jersey)	Women IC
Silver Medal	Dessie McGlinchey (Northern Ireland)	Men IC
Silver Medal	Tim Rowe (Jersey)	Grand Master HP
Silver Medal	Rhiannon Woodman (Wales)	Women HP
Bronze Medal	Nathan Eades (Wales)	Men HP
Bronze Medal	Tim Rowe (Jersey)	Grand Master IC
Bronze Medal	Jonathan Mount (England)	Junior IC
Bronze Medal	Ian Sherrington (Scotland)	Master IC
Bronze Medal	Jordan Thomas (Wales)	Junior HP
Bronze Medal	Emma Wynter (England)	Women HP
Bronze Medal	Northern Ireland	Team Event

## White Water Rafting

### **White Water Rafting – World Championships – Banja Luka, Bosnia and Herzegovina – 17<sup>th</sup>-24<sup>th</sup> May 2009**

Gold Medal	Jen Chrimes, Sarah Cloke, Deb Cook, Rosie Cripps, Naomi James, Brony Devoy, Georgina Preston	Women's – R6 H2H
Gold Medal	Pas Blackwell, Matt Blue, James Glover, Lawrence Harris, Adam Norfolk, Zach Pillinger, James Stapleton	Men's – R6 H2H
Bronze Medal	Pas Blackwell, Matt Blue, James Glover, Lawrence Harris, Adam Norfolk, Zach Pillinger, James Stapleton	Men's – R6 Overall

### **White Water Rafting – Pre-World Championships – Zoetermeer, Netherlands – 21<sup>st</sup>-25<sup>th</sup> October 2009**

Silver Medal	Deb Cook, Naomi James, Brony Devoy, Nerys Rowlands, Georgina Preston	Women's – R4 Overall
Silver Medal	Deb Cook, Naomi James, Brony Devoy, Nerys Rowlands, Georgina Preston	Women's – R4 H2H
Bronze Medal	Deb Cook, Naomi James, Brony Devoy, Nerys Rowlands, Georgina Preston	Women's – R4 Slalom
Bronze Medal	Deb Cook, Naomi James, Brony Devoy, Nerys Rowlands, Georgina Preston	Women's – R6 Downriver

### **White Water Rafting – International Invitation – Duiangyan, China – 9<sup>th</sup>-13<sup>th</sup> July 2009**

Gold Medal	Pas Blackwell, Zach Pillinger	Men's – R2
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